



START WITH HELLO

The week of September 19-23, 2022



Mix it up and Mingle Monday

- Mix it up and meet someone new. Wear mismatched socks. Students will design creative name tags to wear all day so they can say Hello and meet new friends.

Together is better Tuesday

- We are stronger together! Wear your favorite team jersey/shirt. Students will do a team building activity that cultivates class community. At lunch, there will be talking cards to facilitate conversations that help you get to know your classmates.

Wacky Green Wednesday

- Wear GREEN in a wacky way to support the "Start with Hello" initiative. Each student will be encouraged to share something with the class that makes them unique.

Thoughtful Thursday

- We will post banners around the school and create a Padlet for students/staff to write acts of kindness they have performed or witnessed. Each class will do an act of kindness or write a positive message for another class.

Friendly Friday

- Grade levels will "Level Up" by creating a video, image, or bulletin board to highlight the purpose of Start with Hello. The winning grade level will get a shoutout on the morning show and in the newsletter!

Dear Parents/Caregivers,

We are pleased to inform you that during the week of September 19-23, students will be taking part in Start with Hello Week at Carrollwood Elementary. *Start with Hello* teaches students, grades K-12, the skills they need to reach out and include those who may be dealing with chronic social isolation and create a culture of inclusion and connectedness within their classroom, school or youth organization. Last year, schools from across the United States participated in *Start with Hello*'s three simple steps:

1. See Someone Alone
2. Reach out and Help
3. Start With Hello

During this week, not only will we have themed days, but we have specialized activities that Carrollwood students will take part in during their MLT that promote the Sandy Hook Promise to *Start with Hello*.

We encourage you to talk to your child about the *Start with Hello* program and ask them to share what they have learned. Not only will that help you learn how to support your child to identify isolation, reach out and help, and Start with Hello, but it also demonstrates to your child that you take this subject seriously and can support them in their actions to create a more connected and inclusive home, classroom, school and community.

Thank you so much for supporting the *Start with Hello* week in partnership with the Sandy Hook Promise program.

Sincerely,

Carrollwood Elementary Student Services Staff

Veronica Kreisher, School Counselor
Joseph Sorondo, School Psychologist
Amanda Rio, School Social Worker